



UNC CFAR Social and Behavioral Science Research Core
SABI Database

INSTRUMENT TITLE: *Internalized AIDS-related Stigma Scale*

SOURCE ARTICLE: Kalichman, S.C., Simbayi, L.C., Cloete, A., Mthembu, P.P., Mkhonta, R.N., Ginindza, T. (2009). Measuring AIDS stigmas in people living with HIV/AIDS: the Internalized AIDS-Related Stigma Scale. *AIDS Care*, 21(1), 87-93.

RESPONSE OPTIONS: Agree, Disagree

SURVEY ITEMS:

1. It is difficult to tell people about my HIV infection.
2. Being HIV positive makes me feel dirty.
3. I feel guilty that I am HIV positive.
4. I am ashamed that I am HIV positive.
5. I sometimes feels worthless because I am HIV positive.
6. I hide my HIV status from others.

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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